



MAY 2026 NEWSLETTER



EXECUTIVE MEMBERS

PRESIDENT: Jeff Redwood
VICE PRESIDENT: Rob Burford
TREASURER: Tim Clarke
SECRETARY: Mark Payne

PHONE: 0478 614 027 (prefer Tuesday and Thursday AM)
Tuesday, Wednesday & Thursday 9am– 12pm
1a McDonnell Drive

Website www.mgmensshed.com.au
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Email mgmensshed@gmail.com

BIRTHDAYS

Mark W
Phil R
Aaron I
Wayne E
Trevor A

CALENDAR - May

Tuesday	12th	10 am	Management M/ting
Wednesday	13th	6.00pm	Shedder and partners tea at Gourmet India, 99 Commercial Street East
Thursday	14th	10 am	Members Meeting
Monday	18th		NATIONAL VOLUNTEER WEEK
Friday	22nd		Glenburnie Race gates—list on whiteboard for helpers to assist
Thursday	28th	11 am	BBQ lunch

If you would like to contribute information or an article to your newsletter, talk to Editor David N or email mgmensshed@gmail.com



Theme: "Your Year to Volunteer"
inviting you to make 2026 the year
you give your time and talents.

THE IMPORTANCE OF VOLUNTEERING

Volunteering is often described as giving back—but for many people involved in our wonderful Mens Shed, it becomes just as much about what they gain. Time spent helping others builds a sense of purpose, strengthens community ties, and creates opportunities for meaningful connections that are increasingly rare in today's busy world.

One place where this spirit truly comes to life is in a men's shed. Where it's more than just a workshop, a men's shed is a welcoming space where people can gather, share skills, and support one another. Whether it's woodworking, fixing equipment, or simply having a chat over a cup of tea, the environment encourages both productivity and camaraderie.

For many members, the shed provides something deeper than a hobby. It offers routine, friendship, and a sense of belonging. These elements can have a powerful impact on mental well-being, especially for those who may be retired, living alone, or going through life changes. The simple act of showing up, contributing and being part of a group can make a real difference.

Volunteering within a men's shed also extends its benefits beyond the members themselves. Projects often support local schools, charities, and community initiatives, creating a ripple effect of goodwill. What starts as a small effort in a shared workspace can grow into something that positively impacts an entire neighbourhood.

In a world where isolation can quietly take hold, spaces like men's sheds remind us of the value of connection, shared purpose, and lending a hand. Volunteering isn't just about giving time—it's about building stronger, healthier communities for everyone.

Our Management Committee thank and appreciate all of our vital members for the contributions you provide not only to our organisation but also to the other countless organisations you are members of.

Mens Shed tea at South Eastern Hotel



An interrupted conversation for a posed photo Don L & Craig V



Graham T listening intently to David N



Dave L, Jim T, Don L & Graham P



The Honourable Jim C - Tim C Treasurer ready for work



Ian A reborer a carburettor throat



Hmmm, what can I make from this lot? Russell S



Here's how to sharpen a tool—Trevor A



Shane S planning his next project

*The world is like a mirror,
if you face it smiling,
it smiles right back*



Portable toilet production? Frank McA demonstrated its use, where's the door! (upturned garden bed)



Stan B, Steve M & Mark P



The morning greeting party.
Frank McA, Stan B, Rob B, Steve M Mark P (front) & Herman B



Hide the ball bearing, which box is it in?
Jim T & Dave L sorting boxes

*A dream is a wish your heart makes
when you are fast asleep.*





John McC & Jeff R constructing the table top for Boandik



Worker Russell S and the directors Jeff R & John McC



Russell S & Jeff R with the finished table for Boandik to accommodate 8 wheelchairs

Don't be afraid to open up your eyes so you can see tomorrow



Herman B's heavy duty bookends made from red gum sleeper, put to good use



Mens Shed No 1 machinist

Jim T looking very happy with himself

Picture provided by Ben K



Radio made by David H's father who provided it to his wife while she was in hospital when David was born



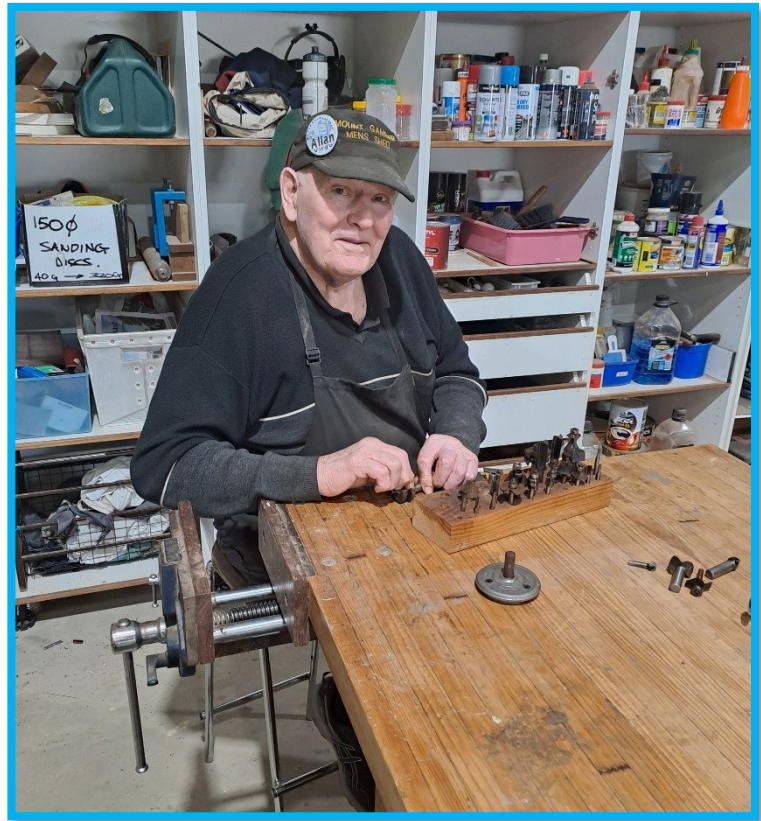
Jeff R & Russell S constructing the base for a special order large raised garden bed



Frank McA, Stan B & Steve M putting the raised edge on the large garden bed



Allan V with repaired table



Allan V organising drill bits

*The most wasted of all days
is one without laughter*

*A friend is an angel who
lifts us off our feet
when our wings have trouble
remembering how to fly*



Don C & Allan V inspecting replacement band saw which has more safety features



Bottoms up
Ian A & Trevor A installing a heavy duty post for a grinder



Ian B cleaning Thomas the Tank track pieces to reinstall



Safety on the table saw— Allan V and John K

*Life is like mail,
sometimes you just don't get it*



George R with the new model Land Rover above



Land Rover assembly line right

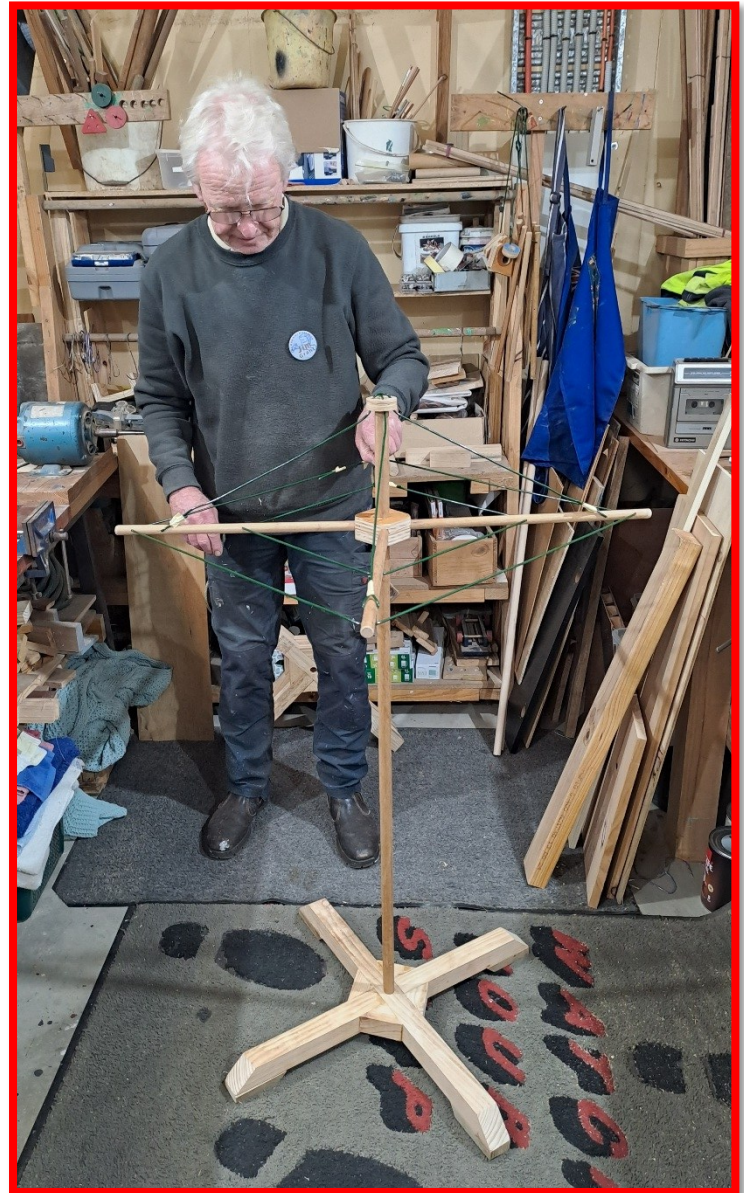


John K with a painted Land Rover

Toy Boy activities



Jim G making a rotating toy



Jim G with a childs clothes line



David H with his CNC machined platter—note the internal striations



Names engraved with the CNC machine



Graham T with a CNC project



David H setting up the CNC machine



Helping Casterton Mens Shed with a CNC project

*If at first you don't succeed . . .
sky diving is not for you*



A few of Ian A's creations





Glen B & Steve M on the BBQ



John K supporting the clean up



Russell S ready for take off

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