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| **OFFICE BEARERS FOR 2017**  **PRESIDENT** : Peter Halleday 0439500699  **VICE PRESIDENT** : Ansi Nitz  **TREASURER** : John Plunket  **SECRETARY** : Paul Edgeworth 0497386846  **COMMITTEE** : Dave Lawson  Glen Bowmer  Don Clements  Arthur Smith  Graham Carter  **APPOINTMENT OF LEADERS for 2017 –**  **Work Health Safety** Rob Burford/Graham Carter joint management  **Senior First Aiders** Peter Halleday/Ansi Nitz – joint management  **Building Fitout /Maintenance** Peter Halleday/ Don Clements – joint management  **Projects** Don Clements  **Social Organiser** Dave Lawson  **Webmaster** Dave Lawson  **Fund Raising** Ansi Nitz  (Race Gates Brian Short)  **Grant monies submission writer** Graham Carter  **Publicity Officer/ News Editor** Peter Heness  **Historian** Graham Carter  **Membership Support** Brian Short  **Kitchen Management** Norman Collins  **UPCOMING / ONGOING PROJECTS**   * Mt Gambier City Band **–** **MUSICAL INSTRUMENT TROLLIES –** Don C * **TOY MAKING** Peter Heness * **Foodbank plastic bag dispenser** – Peter Halleday * **Sound Box Acoustic design for Rotary generator** Ray L * **PICNIC SETTING** for Stephen Sylvester’s family memorial near Penola * **NATURE GLENELG TRUST** Eagle Hawk Swamp shearers hut **–** bird boxes, kitchen sink bench top, insect display box (2- 3 months time) **–Dave Lawson** * **ST MARTINS SCHOOL** playground equipment and seating * **PICKET FENCE -** (for Vicki Lazenby) * **RAISED GARDEN BEDS** – another made, more to come   **Just a laugh**  A laugh for the day.... a story about farm boy logic...A farmer drove to a neighbors farmhouse and knocked at the door. A boy, about 9 opened the door."Is your dad or mom home?" said the farmer. "No, they went to town." "How about your brother, Howard? Is he here?" "No, he went with Mom and Dad." The farmer stood there for a few minutes, shifting from one foot to the other, mumbling to himself, when the young boy says, "I know where all the tools are, if you want to borrow one, or I can give Dad a message." "Well," said the farmer uncomfortably. "No, I really want to talk to your Dad, about your brother Howard getting my daughter Suzy pregnant". The boy thought for a moment, then says, "You'll have to talk to my Dad about that. I know he charges $500 for the bulls and $150 for the pigs, but I have no idea how much he charges for Howard."  cid:9D097540-2B1F-426E-BF5C-AE028D8B9847@home  The above Jokes have been submitted by Ansis Nitz  **PERSONAL MEMBER PROFILE**  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\20180130_102408.jpg  NAME:- Rod Lockwood  WHERE YOU HAVE WORKED:-PMG / Telstra about 30 years, Farm work and Caretaker of the Dunkeld Caravan Park.  SOMETHING ABOUT YOU OTHER MEMBERS MAY NOT KNOW:-Was a traveling picture show man for 3 years.  WHAT YOU WISH TO DO IN THE SHED:-Simply looking for Friendship and fellowship. C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Ben Katris visitor.jpg  Ben K while a visitor at the time enjoying the smoko room  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\assisting at the thicknesser.JPG  Geoff has that look on him which says I think it comes out here so a may as well help .  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Ray L measuring up seat slats.JPG  Ray L. Another one of Daves helpers.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Around the table 5 (2).JPG  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Jim M preparing tools (2).JPG  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Scott T in the clay  with tutor Kelvin S.JPG  Scott T. under tutorage from Kelvin S. making pottery  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Arthur S hard at resuscitating.jpg  Arthur S. hard at resussitating  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Ben K taking his turn.jpg  Ben K. having his turn.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Keryn tutoring Kevin W (2).jpg  Keryn tutoring Kevin W.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Graham C takes his turn - is that two patients he has (2).jpg  Graham C. having a go.  **SA AMBULANCE CPR TRAINING at Mt Gambier Mens Shed 25th January 2018**  **SIGNS** of a heart attack – there maybe NONE or the person faints, blacks out, stops breathing, feels weak, is doing weird things, is not themselves, has pains in various places including chest or back*,* i*s* tired*,* isdizzy*,* has short breath*,* haspalpitationsorvomits*.*  **PREPARATION for CPR for MALE AND FEMALE ADULTS**  Once the person has stopped breathing or if not already done   * Lay the person flat on the ground in a SAFE PLACE * Pinch the nose and tilt the head back * Clear the airway of anything including vomit with 2 fingers * Leave false teeth IN   **START CPR**   * With one hand over the other, fingers locked, using the heal of the hand * MIDWAY BETWEEN THE NIPPLES * 30 STRONG pushes down (rotate people available) * Call the ambulance on 000 or 112 * repeat 30 pushes until the defibrillator arrives   **DEFIBRILLATOR**   * Open box – find scissors, shaver and defibrillator pads * Cut **all** clothing around the chest area including a bra and move it out of the way * Shave a hairy chest * Wipe away sweat * Put the pads on the chest where the diagram shows * Press the GREEN button * DO WHAT THE MACHINE TELLS YOU except for breathing\* * **DO WHAT THE MACHINE TELLS YOU** until ambulance people are ready to take over | **THANKS to**  **ABC live radio and 5SE taped District Mens Sheds’ reports and NEWSLETTER** - Peter Heness  **Scones –** Norman C, Arthur S, Terry R & Terry G. Bunnings sausages I think the sausages cooked us on that terribly hot day on 6th January. I think we sold about 80 sausages mostly to ourselves and Bunnings staff. Thanks to all the volunteers who made a supreme effort. Bunnings supplied us with water and ice-blocks  **Dates to remember**  **14th February** Wednesday's evening meal with partners (Valentines Day) is at the Park Hotel  **HEALTH AND WELLBEING -** Support and contact as you are able, and as Shedders wish. Those with longer term/serious physical issues –Peter S, Cec Jones, Trevor T.  Keith R. (daughter – going as well as can be expected for now), Also partners and families of Shedders Those with critical or ongoing psychological and mental issues – Don L Trevor T. and Trina are still in need of your thoughts Remember too; Peter S. Those with critical or **Other REMINDERS**  **ALL BORROWINGS must be authorised by a member of the Management Committee and entered in the book by the ‘sign in’ book DAMAGED MACHINES – let someone know NAME BADGES – please wear TOOLS AFTER USE – please return to correct storage CAPS for sale $17**  **SAFETY**  **Birthdays**  Bernard R. 2/2/1930  Ansi N. 4/2/1949  Ross S. 4/2/1945  Cec J. 18/2/1935  Stuart R. 20/2/1953  Joe C. 24/2/1930  **Keeping you in the loop from Paul**   * if you want to make wooden table drink coasters see Don C * Kelvin S has all the pottery area set up ready * new member Dale A has an interest in radios to share * also new member Ben K has skills in knife sharpening * we received a $200 donation from Mt Gambier Lions for our work on Christmas floats * picnic tables now cost $280 * large raised garden  surrounds are now $35 * BannerMitre10 have made some donations to support our toy making for the Mayors Christmas Appeal - see Peter He and Ian B to be involved * Peter Y. - a Past President some years ago has returned to our Shed after a stint in Adelaide. Welcome back Peter * we are gaining 1 or 2 new members every week keeps pressure on the scone makers and we'll soon need double decker tables and chairs our 3 current bigger made tables are being stretched! * make sure you renew your membership in the next couple of weeks - $45 see John P * the AGM is Thursday 8th February with a Members Meeting to follow - it is great to have the usual number of Shedders on an AGM day as we do for any other Thursday - our current attendance is around 33 * remember to make offers to coordinate various things for the operation of the Shed - on the red slips (add your own ideas and offers) - e.g toy maker organizer (we have two offers here - both accepted) * and if you want to be part of the Committee look for the nomination form on the table - black slip   C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Glen B working hard at Bunnings.jpg If Glen B ‘s wife asks what he does at the shed working bees it is always work But we know different. This was at the Bunnings sausage sizzle.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Terry G Graeme R  Peter Ha working out what to do with sausages at bunnings.jpg  We know it was a hot day but no fisty cuffs please.  Peter H. Terry G and Graham R really were enjoying their day.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Glen B looking for a feed from Terry G Graeme R and Peter Ha  (2).jpg  What do you want to eat the profits while your supposed to be working  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Don C working the bandsaw (2).JPG  Don C checking out the new Band saw.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Peter Ha cleaning the paint area  is he nervous or is that a shadow.JPG  Whach out for the Pres up there he has his eye on everyone  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Dave L Making seat slats (2).JPG  Dave L. Making seat slat for the bench seat.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\George R assisting Dave with seat slats (2).JPG  Dave L’s trusty assistant Robert A.  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Around the table .JPG  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Around the table 1.JPG  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Around the table 3 (2).JPG  C:\Users\Peter\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\1JB4ENOG\Kevin W getting the thumbs up from Michelle (2).jpg  Kevin W. gets the thumbs up from Michelle  NOTES - (unless you are recently certificated trained to do other things)   * Do not look for a pulse * \*Do not breathe into the person’s mouth even with protector sheeting unless you know it is absolutely safe (maybe a family member) – this is to become the Australian standard – already in use overseas * Bra’s particularly underwired ones must be removed * Your adrenalin kicks in so you don’t tire easily with repeated chest compressions * Call the ambulance on triple zero, 000   or if you have no signal use **112** anywhere in Australia and many overseas countries  Even if a phone is ‘locked’ or ‘off’ when you press 000 it will work   * You will be asked 10 questions about the patient * Know the exact address if possible * The heart starts dying after 30 seconds and those parts cannot be repaired * The defibrillator tells you when to stop CPR or do anything else * The patient’s Advanced Care Directive may say ‘do not resuscitate’.   You do DO CPR unless you hold that Directive in your hand or it is tattooed on the chest.  The ambulance people make all decisions after they take over.   * Teach grandchildren how to call 000 * See other sources for babies and young children’s CPR |